

**A milestone for your career**

# Coaching competencies for Leaders

A highly effective introduction to the competence of coaching - especially for decision makers, leaders and specialists.



## A milestone for your career

---

### A milestone for your career

As a leader your responsibilities include effective communication and the maintenance of good relationships between all stakeholders. Coaching competence increases these skills greatly.

### The training in context

The International Coaching Federation (ICF), describes core competencies, for coaches, as follows:

- The competence and intention to create and maintain excellent relationships
- The competence to maintain effective and empathetic communication while being time, goal and solution oriented
- The intention and practise of promoting a culture of learning and development
- The commitment to work from the basis of ethical principles while keeping one's professional and personal development in mind

The FUTURE coaching method exemplifies and confirms these core competencies.

### Our target groups

- Executives, project managers, consultants, decision-makers  
technical experts, personnel developers, politicians
- People with big responsibilities who want to work more from what they do have rather than what they do not
- People who want to understand more about the effects of coaching
- For everyone who is curious and wants to gain a first coaching certificate

### Course goals

- To gain a highly effective introduction to the competence of coaching as a leader
- To develop fundamental and essential coaching skills
- To gain new impulses and ideas for your leadership
- To encourage the development of a new quality of conversation
- To understand people better, find solutions faster, in the long term
- To help strengthen autonomy, ability and responsibility in the people around you
- To promote employee empowerment and engagement as well as positive customer relationships

*More vision. More competence for the future.  
Coaching as a source of strength for your  
leadership responsibilities.*

---

# Coaching competencies for Leaders

---

## A milestone for your career

---

### The content of the training

- The effect of coaching competence in leadership
- Clarifying and empowering one's own leadership role
- Empowering people with their goals
- The principle of abundance
- How to communicate effectively, listen actively and raise awareness
- Activating problem-solving skills in people and teams
- Coaching tools and models
- Using new skills in practice coaching sessions

### A new understanding of leadership

Leadership skills have dramatically changed during the last decade. Far-sighted leaders are now looking for new ways to cope with daily responsibilities. Especially when it comes to employees, new leadership is about accompanying work colleagues, enabling and encouraging them to find sustainable solutions. Leaders with coaching competence help promote the ability for improved foresight and future competence.

This training offers new inspiration for leaders, it opens a completely new door.

The path of optimization, at some point, reaches its limits.

This training opens instead, a completely new horizon.

Coaching can become a new source of strength for your leadership.

### Communicate better, achieve more

Asking good questions can connect better with employees, customers and partners and therefore reach solid solutions quicker with less friction and loss.

The quality of a Stradivarius relies only to a very small extent, from its strings. The really special thing about them is the quality of their resonance. It is similar in FUTURE coaching, where on the one hand you learn how to use techniques, ask the right questions, listen with empathy. But above all you discover how you develop your resonance.

### Soft skills for hard facts and more

Of course, as a manager, it is important to achieve hard targets and resolve active conflicts. But through the development of coaching skills it becomes increasingly possible to find a new balance where employees have access to an additional level of trust, creativity and authenticity. This makes the efficiency less harsh, but not less effective. This new level of competence can benefit the whole company, but it needs someone to see this new horizon. Maybe that someone is you?



Approved Coach Specific Training Hours  
International Coach Federation

*The training Coaching Competence for Leaders is included in the requirements for the international Certification as ICF Associate Certified Coach (ACC) via the so-called ACSTH Certification path.*

*The path of optimization, at some point, reaches its limits. This training opens instead, a completely new horizon.*

# Coaching competencies for Leaders

## A milestone for your career



### Duration and scope of training

The training takes place over a period of approx. 4 months and comprises 6 days or 48 hours, 12 hours of self-study and 12 hours of individual mentor coaching - a total of 72 hours.

### Mentor-Coaching

Individually agreed mentor coaching (a total of 12 hours) takes place between the modules. These are real power hours, where you work on personal topics, practice receive detailed feedback and reflect on your coaching competence.

### Requirements for successfully completing the course

Participation in all training modules as well as completing the mentor coaching sessions.

### Further development opportunities after completing this training

This program enables an international certification as an ICF Associate Certified Coach (ACC) via the so-called ACSTH certification path. Further information can be found at [www.coachfederation.org/credentials-and-standards/acc-paths](http://www.coachfederation.org/credentials-and-standards/acc-paths).

Completed training modules are taken into account when enrolling for Professional Coach Training.

### Trainers, dates, seminar location and costs

Further information can be found on the enclosed detailed sheet or at [www.FUTURE.at/CFF](http://www.FUTURE.at/CFF). For questions and personal advice, please contact us.

### In-house

We are happy to offer this training as an in-house seminar in German, English, French or Italian for your company. The seminar can take place face-to-face, online or in hybrid formats. Just contact us and together we will find the best solution for you.

Excellent quality  
FUTURE is a certified  
training institute by:



Your contact person  
at FUTURE



Marisa Jesacher

Angerstraße 10  
A-6121 Baumkirchen  
Tel.: +43/5224/520 76-0  
[marisa.jesacher@FUTURE.at](mailto:marisa.jesacher@FUTURE.at)  
[www.FUTURE.at](http://www.FUTURE.at)

[www.FUTURE.at/CFF](http://www.FUTURE.at/CFF)



Scan the QR Code  
for current information on  
Coaching Competence for  
Leadership.